

Dear Parents and Carers,

Bravehearts personal safety education program, Ditto's Keep Safe Adventure show will soon be visiting your child's school.

Ditto's Keep Safe Adventure Show is age appropriate, interactive, entertaining, thoughtful and engaging. Ditto the star of the show, along with a Bravehearts' Personal Safety Facilitator, brings children on a fun journey of personal safety through music and relatable characters.

Ditto's Keep Safe Adventure Program has been developed with oversight from Australia's leading child protection and development experts, researchers, as well as educators, parents and carers. Importantly, Ditto's Keep Safe Adventure Program is aligned to the Australian Curriculum.

At Bravehearts, our Mission is to provide a coordinated and holistic approach to the prevention and treatment of child sexual abuse. Ditto's Keep Safe Adventure show is an important component of this prevention model.

All children have the right to feel safe. By supporting your child with this program, you are playing a critical role in helping protect children in your community.

This program is not a sex education program. The Ditto's Keep Safe Adventure Program Information guide is provided to your centre to give you important information about the show. Please request a copy from your centre if you have not received it.

The messaging in this program helps children with bullying, empowering them to recognise and respond to unsafe situations.

Your child will receive a fun activity book to bring home, and we encourage you to work through these activities together.

For further information about this program, visit [www.bravehearts.org.au](http://www.bravehearts.org.au) or contact our Education Team at [education@bravehearts.org.au](mailto:education@bravehearts.org.au).

Since its inception in 2006, more than 1.5 million Australian children have observed the show, and we look forward to sharing Ditto's Keep Safe Adventure Program with you and your child!

Kind regards,



**Alison Geale**  
CEO, Bravehearts Foundation